
We recommend the counseling resources below for those seeking Christ-centered counseling. However, before seeking help from any counselor we encourage you to ask good questions to assess whether they are a good fit. [The Association of Biblical Counselors](#) suggests asking the following excellent questions:

1. **Is God's Word the source of their counsel?** Is the Bible seen as being one truth among many other truths, or is it the most reliable place for real help? Find a counselor that is convinced that real truth applied to real problems brings about real change. Lives are changed as the truth of God, as revealed in His word, is applied to the toughest problems.
2. **Is the counselor biblically sound?** Most counseling errors stem from the fact that the counselor has views of God, change, problems, etc., which are shaped more by culture and Pop-Psychology than by God's Word. Sound theology should shape their psychology rather than the other way around.
3. **Is the counselor committed to growth and change, or are they more interested in endless discussions about the problem?** Many counselors are good at "diagnosing" but don't have answers for change. What results is "Diagnostic Damnation." Seek out a counselor that is more concerned with God honoring change, than with labels.
4. **Will the counselor lead me to answers found in God's Word, or tell me the answers are within me?** Most of the 250 commonly used approaches to counseling assume "...the answers are found within." Find a counselor who understands that the Bible teaches that we need outside counsel from God and His revealed truth. They should point people to real answers, not more self-focus.
5. **What training does this counselor have?** Do they hold a degree or counseling certification, and if so, is it from a credible school or certifying organization? Was their training grounded in the Bible and sound theology or was it primarily in secular psychology? What kind of continuing education have they participated in? You want to find a counselor who is well trained, grounded in sound theology, and engaged in continual learning.

Recommended Outside Referrals for Counseling

Fee Based:

- **Spero Counseling and Coaching, LLC**
(317) 849-8035
pam@sperocounselingandcoaching.com
Pam Bryant
- **Masterpiece Biblical Counseling**
<https://www.masterpiecebiblicalcounseling.com>
Jodi Kushner
- **Compass Point Biblical Counseling**
<https://www.compasspointbc.org>
Steven Hocker
- **E91 Counseling Center**
Indianapolis, IN
(317) 849-1261
<https://e91church.com/counseling/>
Megan Rogg
- **Fieldstone Counseling**
Uniontown, OH
(330) 896-7204
<https://fieldstonecounseling.org>
Does virtual counseling
- **Twelve Stones Counseling Retreat (3days)**
Helmsburg, IN
(812) 597-1212
<http://twelvestones.org>
- **Biblical Counseling Coalition (BCC)**
<https://www.biblicalcounselingcoalition.org/counselor-search/>
- **Association of Certified Biblical Counselors (ACBC)**
<https://biblicalcounseling.com/find-a-counselor/>

Not Fee Based:

- **Faith Biblical Counseling Ministries**
Lafayette, IN
(765) 448-1555
<http://www.faithlafayette.org/counseling/>
- **Gray Road Baptist Church**
Indianapolis, IN
(317) 784-4484
www.grayroad.com
Chad McFadden | Office@grayroad.com
- **First Baptist Church of Carmel**
Carmel, IN
(317) 846-1343
<https://www.fbccarmel.com/>
Kurt Larson | klarson@fbccarmel.com
- **LifePoint Church**
Indianapolis, IN
(317) 881-4010
<http://www.lifepointindy.com>
- **Harvest Bible Chapel North Indy**
Carmel, IN
(317) 900-7200
<https://harvestindy.org/>
- **Grace Baptist Church**
Muncie, IN
(765) 288-9569
<https://www.gbcmuncie.org/>
- **Stones Crossing**
Greenwood, IN
(317) 893-2483
<http://stonescrossing.com>
- **Mt. Tabor Baptist Church**
Lebanon, IN
(765) 679-6777
www.yourmtbc.org