



# RETREAT GUIDE 2018

## PACKING LIST

### ESSENTIALS & STRONGLY RECOMMENDED:

- Jacket or sweatshirt, hat, & rain coat/poncho
- Change of clothes
- Sturdy/tennis shoes & flip flops or sandals
- Bath towel, wash cloth, shower shoes, toiletries (deodorant, shampoo, soap, toothpaste, toothbrush) and comb or brush
- Pajamas, underwear, and extra socks
- Glasses/contacts, contact solution
- Sleeping bag & pillow
- Flashlight
- Refillable water bottle
- Backpack to carry items to and from sessions
- Bible, notebook, & pen
- Empty trash bag for dirty laundry (labeled with your name)
- Prescribed medications
- Money (optional): The camp store will be open if you wish to purchase snacks and/or TLC items/gear.

### DO NOT BRING:

Twin Lakes is not responsible for any lost, damaged, or stolen items.

- Alcohol, tobacco, vaporizers, or non-prescription drugs
- Firearms, weapons, knives, fireworks, or sparklers
- Valuables like iPods, tablets, MP3 players, and video games
- Pets
- Homework
- Anything standing between you and what God has planned for you this weekend

*We understand that cell phones are often used as cameras. Therefore, cell phones **are** permitted on this retreat. However, if your cell phone becomes a problem or a distraction, your phone will be confiscated and returned upon our arrival back at the church on Saturday.*

# MEALS

- Dinner will not be until 7:15 p.m. on Friday night, so you may want to eat a small snack before you arrive to check-in.
- You will also receive breakfast, lunch, and dinner on Saturday.
- If a dietary restriction/allergy was listed on the student's registration, Twin Lakes will provide meal alternatives for those students.

# RULES

**By participating on this retreat, you agree to abide by the rules below. If you should break or not follow these rules, you will be sent home.**

## WEEKEND RULES

1. Follow the schedule and be where you need to be when you need to be there.
2. Do not bring items that are forbidden on the packing list.
3. Do not under any circumstances be alone with the opposite gender.
4. Do not under any circumstances be in the opposite gender's cabin.
5. If you have a problem or a concern, connect with any College Park leader or Twin Lakes Camp staff member immediately.
6. If at any point you think you may need medical attention, find a College Park leader or Twin Lakes Camp staff member.

## CABIN RULES

1. You are not to exit the cabin without leader permission at any time.
2. If you wake up and need to exit the cabin, you are to notify your leader when you leave the cabin and when you return.
3. There should be no inappropriate language or unkind conversation.
4. Lights out means it is time to sleep. Listen to your leaders.
5. Phones should be put away and kept away during sleeping hours.
6. Your leaders are the authority in your cabin.

# DEPARTURE & ARRIVAL INFO

## FRIDAY, SEPTEMBER 21

- 4 p.m.** Load your luggage.  
Check in at **Door 5** of the North Indy campus.  
Depart for Twin Lakes Camp in Hillsboro, IN.

## SATURDAY, SEPTEMBER 22

- \*9 p.m.** Arrive at **Door 1** of the North Indy campus.

*\*These are anticipated arrival times which may be affected by weather, traffic, road construction, etc. We will send a text to parents and update Facebook & Instagram on the approximate time of our arrival.*

## EMERGENCY CONTACT INFO

In the event of an emergency, please contact one of the following:

**Natalie Eberhard** (Student Ministries Assistant): 317.362.9494

**John Botta** (Student Ministries Leader): 317.446.3188

**Becky Hendley** (Student Ministries Leader): 317.908.6327

**Twin Lakes Camp**: 765.798.4000