MINDSET

Having the Same Attitude as Jesus

COLLEGE PARK
women's

The New York Times

There's a Name for the Blah You're Feeling: It's Called Languishing

The neglected middle child of mental health can dull your motivation and focus — and it may be the dominant emotion of 2021.

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I. The Secret of Contentment – Philippians 4:10-13

I can do all things through Him who gives me strength.
Philippians 4:13

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II. The Fruit of Contentment – Generosity
Philippians 4:14-23

Why is giving important?

- It's a sign of a regenerate heart
- It encourages partnership in ministry
- It is a window into our hearts – Matthew 6:21

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II. The Fruit of Contentment – Generosity
Philippians 4:14-23

And my God will supply every need
Of yours according to His riches in
glory in Christ Jesus.
Philippians 4:19

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An attitude, or a cluster of thoughts with attached information and emotions that generate a particular perception. They shape how you see and interact with the world.

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