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Having the Same Attitude as Jesus

COLLEGE PARK
women's

Week 5: Purposeful Thoughts

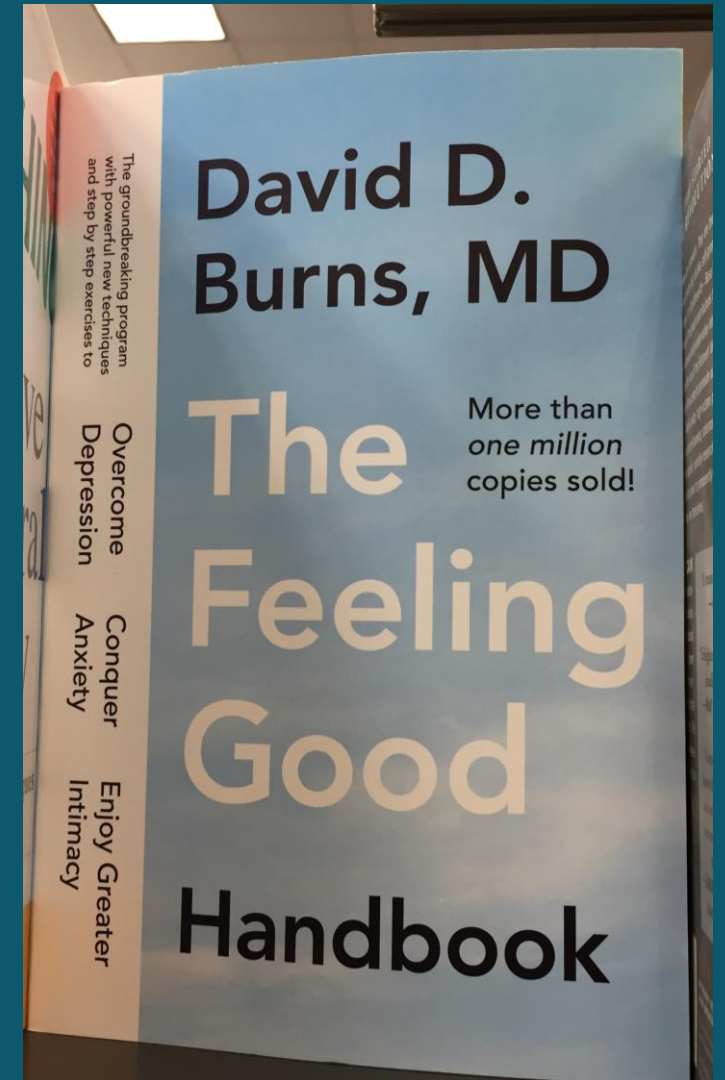
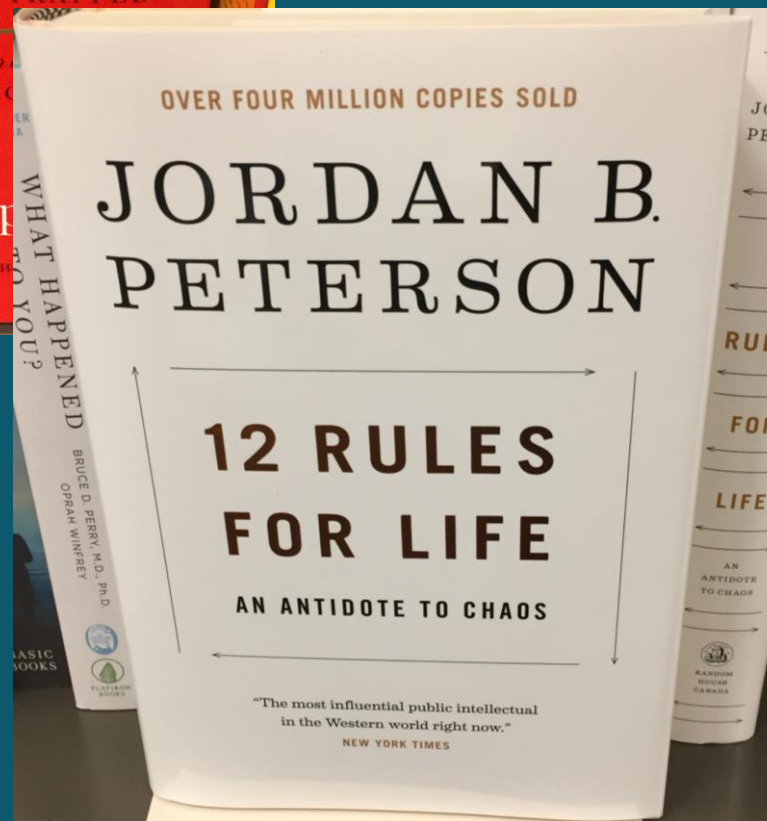
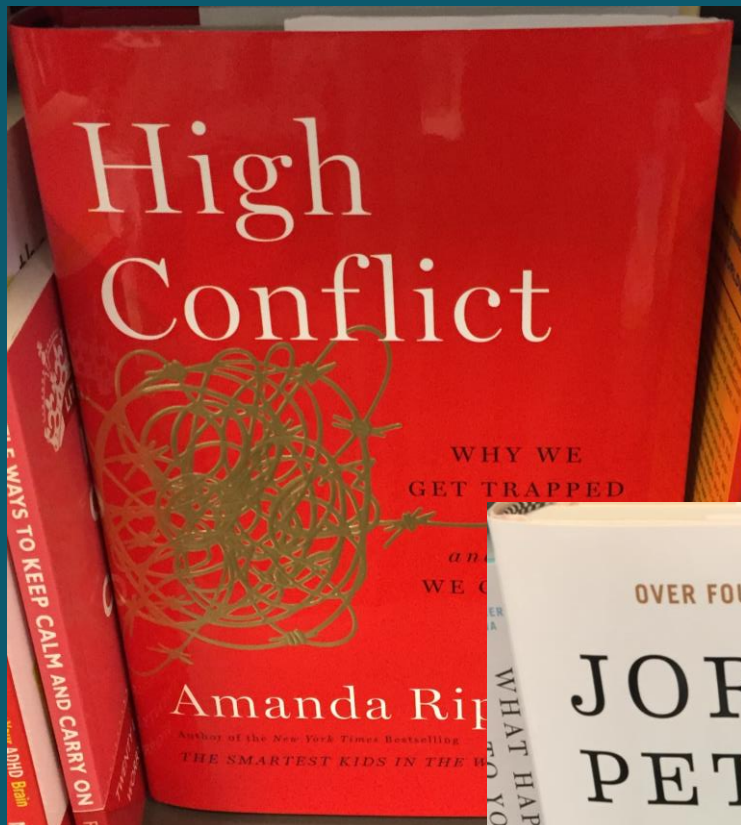
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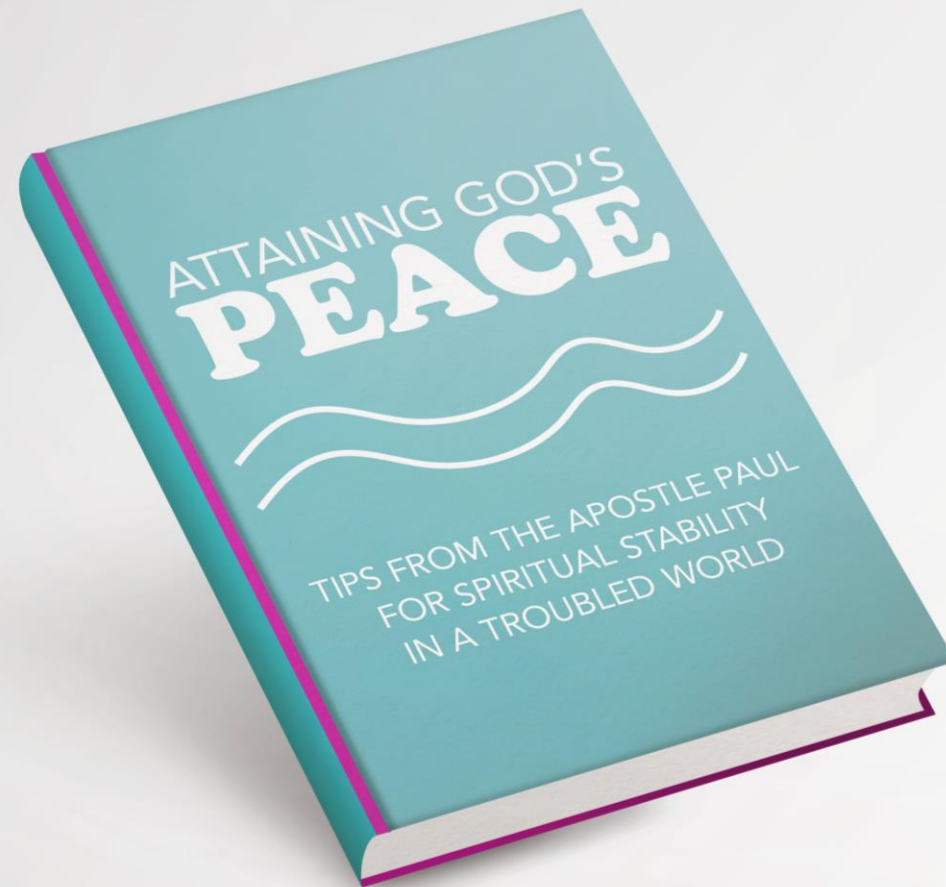
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Summary Principle: If we actively think Christ-like thoughts and turn to God in thankful prayer, we will experience the peace of God.

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“Tip” #1: Be Grounded in Your Beliefs (Stand Firm)

- Verse 1: “Stand firm thus in the Lord.”

“Tip” #2: Evaluate your disagreements with other believers through the lens of Jesus and his sacrifice.

- Verses 2-4: “I entreat Euodia and I entreat Syntyche to agree in the Lord.”
- “Do nothing from rivalry or conceit.” Ch 2:3

“Tip” #3: Rejoice in the Lord no matter what!

- Verse 4: “Rejoice in the Lord always; again I will say, Rejoice.”

“Tip” #4: Let the LORD hear your problems – but with THANKFULNESS – and let OTHERS see your gentleness.

- Verses 5-6: “Let your reasonableness **be known** to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests **be made known to God**.”

“Tip” #5: Focus your mind on the right stuff; this is MINDFULNESS in the truest sense.

- Verse 6: “Do not be anxious about anything.”
- Verse 8: Think on things that are
 - TRUE
 - HONORABLE
 - JUST
 - PURE
 - LOVELY
 - COMMENDABLE
 - EXCELLENT AND WORTHY OF PRAISE

“And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.”

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