

2018 FALL RETREAT

K

N



W

N

FALL RETREAT 2017

PACKING LIST

ESSENTIALS & STRONGLY RECOMMENDED:

- Jacket or sweatshirt, hat, & rain coat/poncho
- Modest swimsuit and towel if you want to do water activities (weather dependent)
- Sturdy/tennis shoes & flip flops or sandals
- Bath towel, wash cloth, shower shoes, toiletries (deodorant, shampoo, soap, toothpaste, toothbrush) and comb or brush in a small bag to carry to bath house
- Pajamas, underwear, and extra socks
- Glasses/contacts, contact solution
- Sleeping bag & pillow
- Flashlight
- Refillable water bottle
- Backpack to carry items to and from sessions
- Bible, notebook, & pen
- Dirty laundry bag
- Prescribed medications

Please note: sturdy, close-toed shoes and long pants are REQUIRED for some activities. Close-toed shoes are also required for most climbing and high-adventure activities.

DO NOT BRING:

SpringHill is not responsible for any lost, damaged, or stolen items.

- Alcohol, tobacco, vaporizers, or non-prescription drugs
- Firearms, weapons, knives, fireworks, or sparklers
- Valuables like iPods, tablets, MP3 players, and video games
- Pets
- Homework
- Anything standing between you and what God has planned for you this weekend

We understand that cell phones are often used as cameras. Therefore, cell phones are permitted on this retreat. However, if your cell phone becomes a problem or a distraction, your phone will be confiscated and returned upon our arrival back at the church on Sunday.

RULES

By participating on this retreat, you agree to abide by the rules below. If you should break or not follow these rules, you will be sent home. Alex Anderson will make the ultimate decision of discipline in the event the rules are broken.

WEEKEND RULES

1. Students should give an account to their leaders of where they are at all times and must remain in groups of 3 or more. Students are required to check in with leaders at designated check-in times.
2. Follow the schedule and be where you need to be when you need to be there.
3. Do not bring items that are forbidden on the packing list.
4. Do not under any circumstances be alone with the opposite gender.
5. Do not under any circumstances be in the opposite gender's cabin.
6. You will receive a wristband. You are responsible to keep that wristband on at all times on the retreat.
7. Students are not to remain in or around cabins during free time. Students must participate in the approved activities available during free time.
8. If you have a problem or a concern, connect with any College Park Leader or SpringHill Staff immediately.
9. If at any point you think you may need medical attention, find a college Park Leader or SpringHill Staff, and they will notify Alex Anderson or Zach Cochran.

CABIN RULES

1. You are not to exit the cabin without leader permission at any time.
2. If you wake up needing to use the restroom or exit the cabin, you are to notify your leader when you leave the cabin and when you return.
3. There should be no inappropriate language or unkind conversation.
4. Lights out means it is time to sleep. Listen to your leaders.
5. Phones should be put away and kept away during sleeping hours.
6. Your leaders are the authority in your cabin.

MEALS

- Meals will be provided on Saturday (breakfast, lunch, and dinner) and Sunday (brunch).
- **Dinner will not be provided on Friday night, so eat before you come.**
- Pizza will be provided as a late-night snack on Friday night.
- If a dietary restriction/allergy was listed on the student's registration, SpringHill will provide meal alternatives for those students.

DEPARTURE & ARRIVAL INFO

FRIDAY, SEPTEMBER 7

4:30 p.m. Load your luggage on the Penske truck.
Check in at **Door 5** of the North Indy campus.
Use the restroom.
Get on the bus.
Depart for SpringHill Camp in Seymour, IN.

***7:00 p.m.** Arrive at SpringHill Camp in Seymour, IN.

SUNDAY, SEPTEMBER 9

***1:30 p.m.** Arrive at **Door 3** of the North Indy campus.

**These are anticipated arrival times which may be affected by weather, traffic, road construction, etc. We will send a text to parents and update Facebook & Instagram on the approximate time of our arrival.*

EMERGENCY CONTACT INFO

In the event of an emergency, please contact a CPC Staff member listed below:

Alex Anderson (High School Director): 219.776.9906

Zach Cochran (Assistant Pastor of Student Ministries): 317.764.0810

SpringHill Camp: 812.497.0008