# college park church

# **HELPFUL RESOURCES**

Abortion:	2
Abuse:	2
Addictions:	
Aging:	
Alzheimer's/Dementia:	
Anger/Bitterness:	
Anorexia/Bulimia/Eating Disorders:	
Attention Deficit Hyperactivity Disorder (ADHD)/Autism/Learning Disorders/Special Needs:	
Anxiety/Worry/Panic/Fear:	
Church:	
Communication/Conflict:	(
Contemporary Issues:	
Counseling Resources:	
Cutting/Self-Injury:	
Daily Devotional Books:	
Death/Grief:	10
Deception/Lying:	11
Depression/Self-Pity:	
Divorce/Single Parenting/Stepfamilies:	
Finances:	
Gospel Resources:	12
Growth/Progressive Sanctification/Overcoming Sin:	
Guidance/Will of God:	
Guilt/Shame/Repentance/Forgiveness:	1
Homosexuality/Same-Sex Attraction:	
Husband:	
Illness/Cancer/Disease:	15
Marriage:	10
Medical Issues:	10
Miscarriage/Infertility:	17
Parenting and Families:	17
Pornography/Adultery/Sexual Sin:	18
Purpose in Life:	19
Relationships:	
Seeking Approval/Pleasing People	20
Self-Esteem/Self-Image:	20
Sex:	
Singleness:	21
Teens:	
Thinking/Attitude:	22
Trial/Pain/Suffering:	
Wife:	
Women:	25

#### **ABORTION:**

- Day, Sandy (2003). *Living in His Forgiveness. A Bible Study for Post-Abortive Women*. Bemidji, MN: Focus Publishing.
- Powlison, David (2008). Healing after Abortion: God's Mercy Is for You. Greensboro, NC: New Growth Press.

#### **ABUSE:**

- Adams, Jay (1977). How to Overcome Evil. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Baker, Amy (2006). *Abused as a Child. Suffering as an Adult.* Audio resource from the Biblical Counseling Training Conference. Lafayette, IN: Faith Church.
- Bridges, Jerry (1988). Trusting God. Colorado Springs, CO: Navpress.
- Henderson, John (2012). Abuse: Finding Hope In Christ. Phillipsburg, NJ: P & R Publishing. Holcomb, Justin & Holcomb, Lindsey (2011). Rid of My Disgrace. Wheaton, IL: Crossway. Jones, Robert D. (2004). Bad Memories. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Kellemen, Robert (2013). Sexual Abuse: Beauty for Ashes. Phillipsburg, NJ: P & R Publishing.
- Klempel, Richard & Lois (1991). Abused? How You Can Find God's Help. Lima, OH: Fairway Press.
- Knicely, Amy (2002). "Child Abuse." Audio resource from the Biblical Counseling Training Conference. Lafayette, IN: Faith Church.
- Lane, Timothy (2012). *PTSD: Healing for Bad Memories*. Greensboro, NC: New Growth Press.
- Mack, Wayne & Howard, Deborah (2008). *It's Not Fair*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Moles, Chris (2015). The Heart of Domestic Abuse: Gospel Solutions for Men Who Use Control and Violence in the Home. Bemidji, MN: Focus Publishing.
- Piper, John & Taylor, Justin (2006). **Suffering and the Sovereignty of God**. Wheaton, IL: Crossway Books.
- Powlison, David, Tripp, Paul & Welch, Edward (2002). *Domestic Abuse: How to Help*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Powlison, David (2008). Recovering from Child Abuse: Healing and Hope for Victims. Greensboro, NC: New Growth Press.
- Powlison, David (2010). **Sexual Assault: Healing Steps for Victims**. Greensboro, NC: New Growth Press.
- Powlison, David (2003). "Why Me?" Comfort for the Victimized. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Reju, Deepak (2014). On Guard: Preventing and Responding to Child Abuse at Church. Greensboro, NC: New Growth Press.
- Scott, Stuart & Lambert, Heath (2012). Counseling the Hard Cases: True Stories Illustrating the Sufficiency of God's Resources in Scripture. Nashville, TN: B & H Publishing.
- · Van Stone, Doris (1979). Dorie, The Girl Nobody Loved. Chicago: Moody Press.
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- Viars, Steve (1993). "Handling the Past Biblically." Audio series. Lafayette, IN: Faith Church. Summary guide also available.
- Viars, Steve (2010). *Putting Your Past in Its Place*. Eugene, OR: Harvest House Publishers.
- Viars, Steve (2012). *Redeeming Your Painful Past: Present Grace, Future Hope*. Greensboro, NC: New Growth Press.
- Viars, Steve (1994). "Spousal Abuse." Audio recording from July 17, 1994. Lafayette, IN: Faith Church.
- Welch, Edward (2008). Living with an Angry Spouse: Helps for Victims of Abuse. Greensboro, NC: New Growth Press.
- Welch, Edward (2008). Shame Interrupted: How God Lifts the Pain of Worthlessness and Rejection. Greensboro, NC: New Growth Press.

#### **ADDICTIONS:**

- Adams, Jay (2012). *Temptation: Applying Radical Amputation to Life's Sinful Patterns*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Adams, Jay (1975). What Do You Do When You Know That You're Hooked? Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Lane, Timothy (2010). *Temptation: Fighting the Urge*. Greensboro, NC: New Growth Press.
- Powlison, David (2010). Breaking the Addictive Cycle: Deadly Obsessions or Simple Pleasures?
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- Shaw, Mark (2010). *Addiction-Proof Parenting: Biblical Prevention Strategies*. Bemidji, MN: Focus Publishing.
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- Welch, Edward (1998). Blame It On the Brain: Distinguishing Chemical Imbalances, Brain Disorders, and Disobedience. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Welch, Edward (2008). Crossroads: A Step-by Step Guide Away from Addiction. Greensboro, NC: New Growth Press.

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- Emlet, Michael (2008). *Help for the Caregiver: Facing the Challenges with Understanding and Strength*. Greensboro, NC: New Growth Press.
- Eyrich, Howard & Dabler, Judy (2006). *The Art of Aging*. Bemidji, MN: Focus Publishing.
- Fitzpatrick, Elyse (2004). *The Afternoon of Life*. Phillipsburg, NJ: P & R Publishing.
- Fitzpatrick, Elyse. (2012). The Empty Nest: Finding Hope in Your Changing Job Description.
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- Goode, William, Hodges, Charles & Smith, Robert. (1992). "Aging: Extra Years of Zest." Audio series. Lafayette, IN: Faith Church.
- Piper, John (2013). *Rethinking Retirement: Finishing Life for the Glory of Christ*. Wheaton, IL: Crossway Books.
- Tripp, Paul David (2004). Lost in the Middle. Wapwallopen, PA: Shepherd Press.

# **ALZHEIMER'S/DEMENTIA:**

- Howard, Deborah (2012). *HELP! Someone I Love has Alzheimer's*. Wapwallopen, PA: Shepherd Press.
- Mast, Benjamin (2014). Second Forgetting: Remembering the Power of the Gospel during Alzheimer's Disease. Grand Rapids, MI: Zondervan.
- Smith, Robert (2014). *Alzheimer's Disease: Help for Families in Crisis*. Greensboro, NC: New Growth Press.

#### **ANGER/BITTERNESS:**

- Adams, Jay (1975). What To Do When Anger Gets The Upper Hand. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Baker, Amy (2011). Managing Your Emotions: Keeping Your Feelings from Running the Show. Greensboro, NC: New Growth Press.
- Barthel, Tara Klena & Dabler, Judy (2005). *Peacemaking Women*. Grand Rapids, MI: Baker.
- DeMoss, Nancy Leigh. (2000). The Attitude of Gratitude. Buchanan, MI: Life Action Ministries.
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- Jones, Robert (2003). *Angry at God? Bring Him Your Doubts & Questions*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Jones, Robert D. (2010). *Freedom from Resentment: Stopping Hurts from Turning Bitter*. Greensboro, NC: New Growth Press.
- Jones, Robert (2005). *Uprooting Anger*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Lane, Timothy S. (2008). Family Feuds: How to Respond. Greensboro, NC: New Growth Press.
- Mack, Wayne (2004). Anger & Stress Management. Merrick, NY: Calvary Press.
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- Powlison, David (2000). *Anger: Escaping the Maze*. Phillipsburg, NJ: P & R Publishing Co.
- Priolo, Lou (2008). Bitterness: The Root that Pollutes. Phillipsburg, NJ: P & R Publishing.
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- Viars, Steve. (1997)." Handling Anger Biblically." Audio series. Lafayette, IN: Faith Church.

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- Fitzpatrick, Elyse (1993). "Disorderly Eating...For the Rest of Us." The Journal of Biblical Counseling. 12 (1), p. 20-23.
- Fitzpatrick, Elyse (1993). "Helping Anorexics." The Journal of Biblical Counseling, 11(3), p. 19-23.
- Fitzpatrick, Elyse (1993). "Helping Bulimics." The Journal of Biblical Counseling, 11(2), p. 16-20.
- Fitzpatrick, Elyse (1992). "Helping Overeaters." The Journal of Pastoral Practice, 11 (1), p. 51-56.
- Fitzpatrick, Elyse (1999). Love to Eat, Hate to Eat. Eugene, OR: Harvest House Publishers.
- Fitzpatrick, Elyse (1990). *Uncommon Vessels*. Stanley, NC: Timeless Texts.
- Mack, Wayne (1979). A Homework Manual for Biblical Counseling, Vol. 1: Personal and Interpersonal Problems. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co., overeating, pp. 130-131.
- Notcheva, Marie (2011). *Redeemed from the Pit*. Amityville, NY: Calvary Press.
- Scott, Stuart & Lambert, Heath (2012). Counseling the Hard Cases: True Stories Illustrating the Sufficiency of God's Resources in Scripture. Nashville, TN: B & H Publishing.
- Shaw, Mark with Bailey, Rachel & Spence, Bethany (2014). Eating Disorders: Hope for Hungering Souls.
   Bemidji, MN: Focus Publishing.

- Welch, Edward (2001). *Addictions: A Banquet in the Grave*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Welch, Edward (2008). Eating Disorders: The Quest for Thinness. Greensboro, NC: New Growth Press.

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- Asher, Marshall & Asher, Mary (2004). *The Christian's Guide to Psychological Terms*. Bemidji, MN: Focus Publishing.
- Backus, Sharon (1993). *Running the Christian Race: Helping the Child labeled ADD/ADHD*. Lafayette, IN: Resources of Faith.
- Hendrickson, Laura (2009). *Finding Your Child's Way on the Autism Spectrum: Discovering Unique Strengths, Mastering Behavior Challenges*. Chicago, IL: Moody Publishers.
- Jamison, Rita (2006). *Parenting Your ADHD Child*. Greensboro, NC: New Growth Press.
- Jamison, Rita & Thomas, James. (2002). "Helping Children Labeled ADHD." Audio Series. Lafayette, IN: Faith Church.
- Jamison, Rita (2001). "Educational Perspectives." Audio recording from the Biblical Counseling Training Conference. Lafayette, IN: Faith Church.
- Jamison, Rita, Viars, Steve, & Thomas, James. *Helping Your Child Learn*. Audio series. Lafayette, IN: Faith Church.
- Steere, Cathy (1999). *Too Wise to Be Mistaken, Too Good to Be Unkind*. Sand Springs, OK: Grace and Truth Books.
- Tyler, David & Grady, Kurt (2008). ADHD: Deceptive Diagnosis. Bemidji, MN: Focus Publishing.
- Viars, Steve (2011). Your Special Needs Child. Greensboro, NC: New Growth Press.

# **ANXIETY/WORRY/PANIC/FEAR:**

- Adams, Jay (1975). What Do You Do When Fear Overcomes You? Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Adams, Jay (1975). *What To Do When Worry Overcomes You*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Baker, Amy (2011). **Social Anxiety**. Greensboro, NC: New Growth Press.
- Bridges, Jerry. (1997). *The Joy of Fearing God*. New York: Random House.
- Fitzpatrick, Elyse. *Far End of Fear: Obsessive Compulsive Disorder*. Workshop presented at the Biblical Counseling and Training Conference. Lafayette, IN: Faith Resources.
- Fitzpatrick, Elyse (2001). **Overcoming Fear, Worry, and Anxiety**. Eugene, OR: Harvest House Publishers.
- George, Elizabeth (2009). Breaking the Worry Habit...Forever: God's Plan for Lasting Peace of Mind. Eugene, OR: Harvest House Publishers.
- Lane, Timothy (2012). *PTSD: Healing for Bad Memories*. Greensboro, NC: New Growth Press.
- Lelek, Jeremy. (2013). **Post-Traumatic Stress Disorder**. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Kellemen, Robert (2012). *Anxiety: Anatomy and Cure*. Phillipsburg, NJ: P & R Publishing.
- Mack, Wayne & Mack, Joshua. (2002). *Courage: Fighting Fear with Fear*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Mack, Wayne (1979). A Homework Manual for Biblical Counseling, Vol. 1. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co., Anxiety and worry, pp. 14-16, fear, pp. 71-74.
- Powlison, David (2004). **Stress: Peace amid Pressure**. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Powlison, David (2004). *Worry: Pursuing a Better Path to Peace*. Phillipsburg, NJ: Presbyterian and Reformed Publishing Co.
- Priolo, Lou (2009). Fear: Breaking Its Grip. Phillipsburg, NJ: P & R Publishing.

- Scott, Stuart (2009). Anger, Anxiety, and Fear. Bemidji, MN: Focus Publishing.
- Scott, Stuart & Lambert, Heath (2012). Counseling the Hard Cases: True Stories Illustrating the Sufficiency of God's Resources in Scripture. Nashville, TN: B & H Publishing.
- Vandegriff, John (1992). *In the Arena of the Mind*. Howell, NJ: Ask, Seek and Knock Publishing. A study guide is available for this resource.
- Viars, Steve (2009). *Worry*. Audio series. Lafayette, IN: Faith Resources.
- Wallace, Jocelyn (2013). Anxiety and Panic Attacks. Greensboro, NC: New Growth Press. Welch, Edward (2007).
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- Welch, Edward (2010). When I Am Afraid. Greenboro, NC: New Growth Press.

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- Anyabwile, Thabiti (2008). What is a Healthy Church Member? Wheaton, IL: Crossway.
- Adams, Jay (1974). *Handbook of Church Discipline*. Grand Rapids, MI: Zondervan.
- Bridges, Jerry (2012). *True Community*. Colorado Springs, CO: Navpress.
- Cheong, Robert (2012). God Redeeming His Bride: A Handbook for Church Discipline. Scotland: Christian Focus Publications.
- Dever, Mark & Dunlop, Jamie (2015). The Compelling Community: Where God's Power Makes a Church Attractive (9Marks). Wheaton, IL: Crossway.
- Dever, Mark (2013). *Nine Marks of a Healthy Church*. Wheaton, IL: Crossway.
- Dever, Mark (2005). What is a Healthy Church? Wheaton, IL: Crossway.
- Goode, William. **Seminar on Church Discipline**. Lafayette, IN: Faith Resources.
- Harris, Josh (2004). Why Church Matters: Discovering Your Place in the Family of God. Colorado Springs, CO: Multnomah.
- Leeman, Jonathan (2012). *Church Discipline*. Wheaton, IL: Crossway.
- Leeman, Jonathan (2012). **Church Membership**. Wheaton, IL: Crossway.
- MacDonald, James (2012). Vertical Church: What Every Heart Longs For. What Every Church Can Be. Colorado Springs: David C. Cook.
- Mack, Wayne & Swavely, David (1996). *Life in the Father's House*. Phillipsburg, NJ: P&R Publishing.
- Mack, Wayne (2004). *To Be or Not to Be a Church Member*. Merrick, NY: Calvary Press.
- Tripp, Paul (2012). *Dangerous Calling: Confronting the Unique Challenges of Pastoral Ministry*. Wheaton, IL: Crossway.
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- Adams, Jay (2009). Problems: Solving Them God's Way. Phillipsburg, NJ: Presbyterian and Reformed Publishing
  Co.
- Barthel, Tara Klena & Dabler, Judy (2005). *Peacemaking Women*. Grand Rapids, MI: Baker.
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- Jones, Robert (2012). *Pursuing Peace: A Christian Guide to Handling Our Conflicts*. Wheaton, IL: Crossway.
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- Smith, Robert (2002). "Four Rules of Communication." Audio resource from the Biblical Counseling Training Conference. Lafayette, IN: Faith Church.
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- Viars, Steve & Smith, Robert. Communicating God's Way. Audio series. Lafayette, IN: Faith Church.
- Younts, John (2004). Everyday Talk. Wapwallopen, PA: Shepherd Press.

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- Henegar, Walter (2004). **Procrastination: First Steps to Change**. Phillipsburg, NJ: P & R Publishing.
- Lane, Timothy (2012). PTSD: Healing for Bad Memories. Greensboro, NC: New Growth Press.
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- Adams, Jay (1973). *The Christian Counselor's Manual*. Grand Rapids, MI: Zondervan.
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- Kruis, John. (2000). *Quick Scripture Reference for Counseling*. Grand Rapids, MI: Baker Books.
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- Nicewander, Sue (2012). *Building a Church Counseling Ministry without Killing the Pastor*. Leominster, England: Day One Publications.
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- Baker, Amy (2011). Relief without Cutting. Greensboro: NC: New Growth Press.
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- DeMoss, Nancy Leigh (2001). A Thirty-Day Walk with God in the Psalms: A Devotional. Chicago: Moody.
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