

DISCUSSION 1

In Him is life. Life is fundamental to our being, yet we often have trouble knowing how to define and talk about it.

1. What does John mean when he says: “in him was life?” Where did God get His life? What does it mean that God is self-existent?
2. When we say that we have life, what do we mean physically? What do we mean spiritually?
3. How do the ideas of creation (John 1:3) and life (1:4) fit together? How does the idea that life comes from God make a difference in your daily life?

DISCUSSION 2

The relationship between light and life.

1. Verse 4 introduces a new necessity for life: light. What does light have to do with life?
2. Why do we need light? What other Scriptures talk about light in a similar manner?
3. How does the light of God’s life get to humanity? How can we be an agent of light in a dark world?

DISCUSSION 3

The connection between light and darkness is a fascinating illustration of God’s glory.

1. Read verse 5. What promise is given in this verse? How might the truth of this promise impact your life?
2. Light always overcomes the darkness, but what does John mean by “light” and “darkness”? Give some practical examples in your life or in the lives of others?
3. How might darkness win in the battle of darkness and light? How can we prevent it?

FAMILY DISCIPLESHIP QUESTIONS

1. Have your children take a flashlight and go into a dark room as a family. Talk about darkness, and then ask your children to turn on the flashlight. Let them take turns trying to push the light beams away. Afterward, discuss the power of light versus the power of darkness.

2. Talk about the light of God in Jesus and His Word. Specifically, discuss some ways the light of Jesus has impacted your family.
3. Have your children see how long they can hold their breath. Ask them how long they think God can hold His breath. Take time to explain the truth that God is self-existent and doesn't need air—or anything else.

APPLICATION

Individual: Read John 8:12 and use the Scripture to continue meditating on the truth that Jesus is the light of the world.

Individual: Spend time in prayer, confessing any sins that the Holy Spirit reveals. Then, ask God to help you live in the light and help others do the same.

Group: Gather with others to discuss some ways you show the light of Christ to the world this week. Perhaps you can volunteer to help a neighbor or pay for someone's coffee. Brainstorm some ideas together and then follow up to see how God's light was revealed through your acts of kindness.