

**30**

**DAYS OF PRAYER & FASTING**



**WEEKLY GUIDE**

# WEEK ONE

**PRAYER TOPIC:** Grace

**KEY VERSES:**

- “But he gives more grace” (James 4:6).
- “...The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness” (Ex. 34:6).
- “For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions...” (Titus 2:11-12)

**KEY QUOTE:**

“Some words convey a multitude of ideas. Say world, and the mind swings around this globe and sees continents, islands, seas, shores, mountains, valleys, cities. The word atom speaks of the bombs of Hiroshima, although a scientist may think of the universe with its electrons, protons, deuterons, neutrons, and other particles all whirling in order, But the word grace carries us beyond the universe into the heart of God. As the scientist uses the cyclotron and the betatron to penetrate the heart of the invisible atom, so we use the word grace to penetrate the infinite heart of God. By no other way can a creature come to the Creator; and by no other means can a sinner stand before a holy God.” - Donald Barnhouse

**PRAYER FOCUS:**

- Thank God for his grace
- That God would grant more grace
- That God would reveal his grace in more ways

**PRAYER RESOURCE:**

[The Valley of Vision: A Collection of Puritan Prayers and Devotions](#)

# WEEK TWO

**PRAYER TOPIC:** Humility

**KEY VERSES:**

- “Therefore it says, ‘God opposes the proud but gives grace to the humble’” (James 4:6).
- “Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls” (Matt 11:29).
- “For everyone who exalts himself will be humbled, and he who humbles himself will be exalted” (Luke 14:11).
- “Humble yourselves before the Lord, and he will exalt you” (James 6:10).

**KEY QUOTE:**

“There is none holy but God: we have as much of holiness as we have of God. And according to what we have of God will be our real humility, because humility is nothing but the disappearance of self in the vision that God is all.” – Andrew Murray

**PRAYER FOCUS:**

- For more humility
- To resemble Christ in gentleness and lowliness
- For the grace that comes from humility

**PRAYER RESOURCE:**

[\*Praying the Bible\*](#) by Donald Whitney

# WEEK THREE

**PRAYER TOPIC:** Purity

## KEY VERSES:

- “Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double minded” (James 4:8).
- “For if the blood of goats and bulls..., sanctify for the purification of the flesh, how much more will the blood of Christ... purify our conscience from dead works to serve the living God” (Heb. 9:13-14).
- But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control” (Gal. 9:22-23).

## KEY QUOTE:

“Christ did not die to make good works merely possible or to produce a halfhearted pursuit. He died to produce in us a passion for good deeds. Christian purity is not the mere avoidance of evil, but the pursuit of good.”<sup>1</sup> - John Piper

## PRAYER FOCUS:

- Pray that God would cleanse us
- Pray that God would give us a greater desire for purity
- Pray that we would not be double-minded

## PRAYER RESOURCE:

*[Prayer: How Praying Together Shapes the Church](#)* by John Onwuchekwa

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<sup>1</sup> John Piper. The Passion of Jesus Christ. Crossway, 2004. Pg.91. [https://cdn.desiringgod.org/pdf/books\\_pojc/bpoj\\_c\\_all.pdf](https://cdn.desiringgod.org/pdf/books_pojc/bpoj_c_all.pdf)

# WEEK FOUR

**PRAYER TOPIC:** Wisdom

## KEY VERSES:

- “The fear of the LORD is the beginning of knowledge; fools despise wisdom and instruction” (Prov. 1:7).
- “Give instruction to a wise man, and he will be still wiser; teach a righteous man, and he will increase in learning. The fear of the Lord is the beginning of wisdom...” (Prov. 9:9).
- And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness and sanctification and redemption, so that, as it is written, ‘Let the one who boasts, boast in the Lord’” (1 Cor. 1:30)

## KEY QUOTE:

“You talk very loudly about your opinion, and your thoughts, and your conclusions—ah! poor souls, the chattering of sparrows in the street is as much worthy to be called wisdom as the predilections of the most learned men among you apart from anything that they have been taught by God the Holy Spirit. All the wisdom that they have, which they have learned by themselves, is but varnished folly and nothing more.”<sup>2</sup> – Charles Spurgeon

## PRAYER FOCUS:

- That God would grant us his wisdom, not the wisdom of the world
- That God would provide wisdom in specific situations
- That we would fear the Lord

**PRAYER RESOURCE:** [\*Prayer\*](#) by John Bunyan

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<sup>2</sup> Charles Spurgeon, The Way of Wisdom. Sermon 2862. <https://www.spurgeongems.org/sermon/chs2862.pdf>

# WEEK FIVE

**PRAYER TOPIC:** Unity

**KEY VERSES:**

- “...that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me” (John 17:21).
- “Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me” (John 15:4).
- “I appeal to you, brothers, by the name of our Lord Jesus Christ, that all of you agree, and that there be no divisions among you, but that you be united in the same mind and the same judgment” (1 Cor. 1:10).

**KEY QUOTE:**

“The gospel not only teaches us to forsake division and disunity, but it gives us the resources to pursue true Christian unity.” - R.C. Sproul

**PRAYER FOCUS:**

- For unity with Christ
- For unity in the Church
- For unity in all areas of faith and life

**PRAYER RESOURCE:**

[Pray Big: Learn to Pray Like an Apostle](#) by Alistair Begg